

On the Job

Tile Rug Beats Wear and Tear

by Trevor Kurz

I've always admired the look of wood flooring in the kitchen, but over time the area in front of the sink can get worn, or may even cup from water exposure.

I came up with a solution that I first tried in my own home with great success — a tile “rug” set flush with the wood floor (1, 2). It's become one of our signature details and has inspired many favorable comments.

Before installing the flooring, I lay out the rug area using an inside dimension based on tile size. I prefer rectangles because they mimic the shape of a throw rug.

I picture-frame the rectangle with either the same flooring material or a combination of wood species. Countersunk screws secure the frame, and bung plugs hide the screws. Variations are endless: On one recent job, we picture-framed the tile with a border of cherry and bird's-eye maple (3).

Next I fill in the tile substrate. Typically, the minimum subfloor thickness under tile is 1 inch, but since the rug area is so small, I don't bother with thickness buildups. I've found that 1/4-inch backerboard works nicely, depending on tile thickness, and I've also used Schluter's Ditra — the orange plastic membrane with a grid pattern. The Ditra gives a cushioning effect; the last time we used it, the customers asked whether there was a cork layer under the tile.

On an upcoming job, a customer has asked us to install an electric radiant-heat mat under the tile.

We've also retrofitted the rug into an existing floor, using a site-made template, a plunge router, and a sharp chisel. Scoring the flooring first with a utility knife helps with chip-out.

Most customers prefer a natural-stone mosaic. After setting the stone tile, I protect it with a high-quality sealer, Impregnator Pro from StoneTech (www.stonetechnopro.com).

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